



Community Support Resource List

Contact info: Kimberly Holman, Family Support Case Manager

Highland Park High School Teen Center
732-572-2400, extension 3022
kholman@hpschools.net

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| Middlesex County Board of Social Services
-Housing, food stamps, financial assistance, Medicaid | 732-745-3500 |
| NJ Family Care
-State funded program that provides quality healthcare coverage to children under 18 and their families | 800-701-0710 |
| Social Security
-SSI, disability benefits, new or replacement SS cards | 800-772-1213 |
| Eric B. Chandler Health Center
-Pediatrics, internal medicine, gynecology, dental services, and more | 732-235-6700 |
| Planned Parenthood
-GYN exams, all birth control methods, pregnancy testing & counseling, STI treatment, prenatal care, emergency contraception (fee is reduced or waived for students; no parental consent is required) | 732-246-2411 |
| American Red Cross (Family Relief)
-Will provide food, clothing, and shelter in emergency situations (serves Middlesex County) | 800-507-6058 |
| Rape Crisis Intervention Center (24 hours)
-Assistance with medical treatment, legal process, and counseling and support services | 877-665-7273 |
| Women Aware (24 hours)
-Safe housing shelter, support groups, court preparation and accompaniment, drop in counseling | 732-249-4504 |
| UBHC (University Behavioral Health Care)
-Individual and family counseling services | 800-969-5300 |
| Catholic Charities
-Individual and family counseling services
-Rental & utility assistance (732-826-6278)
-Child care resource & referral (732-324-4357) | 800-655-9491 |

-Ozanam Family shelter (732-985-0327)
-Ozanam Men's shelter (732-729-0850)

Logisticare 866-527-9933
-Transportation to and from medical appointments (must call 2-3 days before)

Robert Wood Johnson Hospital 732-828-3000

Saint Peter's University Hospital 732-745-8600

Acute Psychiatric Services (24 hours) 732-235-5700

Children's Crisis Intervention Services 732-235-5705

Section 8 Rental Assistance 732-745-4189

Elijah's Promise Soup Kitchen 732-545-9002
-18 Nilsen Street
-Lunch served 11-12:15 (Mon-Sun)
-Dinner served 6:00-7:30 (Mon-Fri), 3:00-4:30 (Sat-Sun)

Reformed Church of Highland Park 732-249-7349
Global Grace Café (Mon-Fri 9:30-2:00 reduced fee)
-Coffee & pastries served at 9:30
-Lunch served at 11:30

Highland Park Senior & Youth Rec Center 732-819-0052

Homelessness Prevention Program 866-889-6270

Highland Park Food Pantry 732-491-6013

Highland Park Housing Authority 732-572-4420

Puerto Rican Action Board 732-828-4510
-Rental & utility assistance